SAGES VIDEO PREPARATION

1. **QUALITY:**

   • Video submissions must be of good quality and submitted in final form.

2. **FORMATTING:**

   • All Videos MUST be submitted digitally in accordance with the Digital Guidelines below.
   • No 3D videos will be accepted

   ACCEPTABLE FORMATS: (PLAYABLE ON WINDOWS PC)

   • MPEG
   • Quicktime
   • MP4
   • H.264
   • AVI

   ACCEPTABLE FRAME SIZE:

   • No smaller than 640 x 480

   ACCEPTABLE FILE SIZE:

   • MUST be less than 1 GB

3. **RUN TIME:**

   • Maximum running time is seven (7) minutes. You must submit a video no longer than 7 minutes.

4. **NARRATION:**

   • Videos must have narration in English. Without narration, it will not be considered.

5. **MORE IMPORTANT RULES:**

   • A short (100-word maximum) written description of your video should be included when submitting your video abstract. Images and tables should not be included in the short written description when submitting a video abstract.
   • Videos may not include advertisement or promotion of products. Commercial support may be noted as a credit at the end of the video.
   • The designated presenter of the video selected must register for the meeting and attend for presentation and discussion.
   • Please **DO NOT** include any music and **DO NOT** include video clips or other materials/media copyrighted by any entity other than yourself. For example, please do not include classical music from a CD in your collection.
   • **No 3D videos will be accepted**

6. **SUBMISSION:**

- Video Abstract Summaries must be submitted online at www.sages.org/meetings/abstracts/.
- Videos can be uploaded during the Final Review stage of the Abstract Submission by clicking on the link entitled "**Click here if you would like to include a video for this abstract**"

7. **DEADLINE:**

- Video summaries must be submitted by **FRIDAY, SEPTEMBER 22, 2023, 11:59 PM PT**.

PLEASE NOTE:

- Any submissions not meeting these requirements will not be considered for presentation.

- Upon successful completion of the online summary you will receive a confirmation email. Please print that message for your record.

CHECKLIST FOR VIDEO SUBMISSION

Videos not in correct format will not be considered for presentation. **SAGES is not accepting 3D videos**. Before uploading, please check your video submission for the following:

☐ Video is in the correct digital format as stated above

☐ Video run time does not exceed seven (7) minutes

☐ Video is narrated in English

☐ Video does not contain any copyrighted materials