

# SAGES VIDEO PREPARATION

## 1. QUALITY:

- Video submissions must be of good quality and submitted in final form.

## 2. FORMATTING:

- All Videos **MUST** be submitted digitally in accordance with the Digital Guidelines below.
- No 3D videos will be accepted

### ACCEPTABLE FORMATS: (PLAYABLE ON WINDOWS PC)

- MPEG
- Quicktime
- MP4
- H.264
- AVI

### ACCEPTABLE FRAME SIZE:

- No smaller than 640 x 480

### ACCEPTABLE FILE SIZE:

- **MUST** be less than 1 GB

## 3. RUN TIME:

- Maximum running time is seven (7) minutes. You must submit a video no longer than 7 minutes.

## 4. NARRATION:

- Videos must have narration in English. Without narration, it will not be considered.

## 5. MORE IMPORTANT RULES:

- A short (100-word maximum) written description of your video should be included when submitting your video abstract. Images and tables should not be included in the short written description when submitting a video abstract.
- Videos may not include advertisement or promotion of products. Commercial support may be noted as a credit at the end of the video.
- The designated presenter of the video selected must register for the meeting and attend for presentation and discussion.
- Please **DO NOT** include any music and **DO NOT** include video clips or other materials/media copyrighted by any entity other than yourself. For example, please do not include classical music from a CD in your collection.
- **No 3D videos will be accepted**

6. **SUBMISSION:**

- Video Abstract Summaries must be submitted online at [www.sages.org/meetings/abstracts/](http://www.sages.org/meetings/abstracts/).
- Videos can be uploaded during the Final Review stage of the Abstract Submission by clicking on the link entitled **“Click here if you would like to include a video for this abstract”**


**Abstract Submission and Management**

» [Main Menu](#) | [New Abstract](#) User ID: [testuser](#) | [logout](#)

**Abstract Submission: Final Review**

TEST ABSTRACT Test User MD, SAGES

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**Terms and Conditions**

I certify that the information on these forms is correct and that this is abstract is original work.

I certify that I have explicit approval and authority from any co-

I agree to the terms and conditions listed above

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7. **DEADLINE:**

- Video summaries must be submitted by **FRIDAY, SEPTEMBER 22, 2023, 11:59 PM PT.**

**PLEASE NOTE:**

- Any submissions not meeting these requirements will not be considered for presentation.
- Upon successful completion of the online summary you will receive a confirmation email. Please print that message for your record.

**CHECKLIST FOR VIDEO SUBMISSION**

Videos not in correct format will not be considered for presentation. **SAGES is not accepting 3D videos.** Before uploading, please check your video submission for the following:

- Video is in the correct digital format as stated above
- Video run time does not exceed seven (7) minutes
- Video is narrated in English
- Video does not contain any copyrighted materials