# Personal Statement

Patient safety and quality of care is at the center of my personal philosophy.  I believe in creating an individualized care plan for every patient based on sound evidence-based research.  I value a strong collegial team of dedicated healthcare professionals.  With the utilization of a team approach, patients receive the best possible care with optimal outcomes.

I specialize in bariatric surgery, including minimally invasive sleeve gastrectomy, Roux-en-Y gastric bypass and revisional bariatric surgery. My practice also includes foregut surgery, with a focus on the treatment of achalasia, gastrointestinal reflux disease, and hiatal and diaphragmatic hernias. This also includes revisional foregut surgery.

Additionally, I have a special interest in medical education.  I enjoy teaching and mentoring at all levels, from high school students to residents.  I have a true love and passion for my career and I eagerly share that enthusiasm with my students.

# Work History

## Christiana Care Health System

##  August 2017 – Current

* 4755 Ogletown-Stanton Road, Newark, Delaware 19718
* Chief of Surgical Services, Wilmington Hospital (2021-Present)
* Medical Director, Bariatric Surgery Program (2018-Present)
* Assistant Program Director, General Surgery Residency (2017-2021)
* Medical Director, Surgical Physician Assistants (2017-Present)
* Medical Director, 4 West Surgical Floor at Wilmington Campus (2018-Present)

#### Clinical Associate Professor of Surgery at the Sidney Kimmel Medical College of Thomas Jefferson University

December 2020 - Current

* 1025 Walnut Street, Philadelphia, Pennsylvania 19107

#### Clinical Assistant Professor of Surgery at the Sidney Kimmel Medical College of Thomas Jefferson University

December 2015 – December 2020

* 1025 Walnut Street, Philadelphia, Pennsylvania 19107

#### Clinical Assistant Professor of Surgery at the Philadelphia College of Osteopathic Medicine

September 2018 - Current

* 4170 City Avenue, Philadelphia, Pennsylvania 19131

#### **Christiana Institute of Advanced Surgery**

#### August 2015 – August 2017

* 537 Stanton-Christiana Road, Suite 102, Newark, Delaware 19713
* Advance Gastrointestinal and Bariatric Surgery, General Surgery

#### **Stony Brook Surgical Associates UFPC Bariatric/Advance Gastrointestinal Fellow and Clinical Instructor in Surgery**

####  July 2014 – July 2015

* HSC Level 18, Room 040, Stony Brook, New York 11790
* Program Director: Aurora Pryor, MD; Chair of Surgery: Mark Talamini, MD

## Christiana Care Health System General Surgery Residency

##  July 2009 – June 2014

* 4755 Ogletown-Stanton Road, Newark, Delaware 19718
* Program Director: Frederick Giberson, MD

# Education

## Doctor of Osteopathic Medicine

## August 2005 - June 2009

* **Philadelphia College of Osteopathic Medicine,**4170 City Avenue, Philadelphia, Pennsylvania 19131
* Ranked in the Top Quintile of the Class

## Master of Science, Biomedical Sciences

## August 2004 - July 2008

* **Philadelphia College of Osteopathic Medicine,**4170 City Avenue, Philadelphia, Pennsylvania 19131
* Thesis title:*An Analysis of the Use of Web-based Materials by Medical Students and its Relationship to Learning Style*

#### **Bachelor of Science**, Biochemistry

#### August 2000 - June 2004

* **Albright College**, 1621 North 13th Street, Reading, Pennsylvania 19604
* Major: Biochemistry
* Graduated Summa Cum Laude (GPA 3.96) with Honors

# Current Leadership Activities

### Christiana Care Health System

* Wilmington Hospital Operating Room, Value Improvement Team, Chair (2019-Present)
* Medical-Dental Executive Board, Member (2017- Present)
* Endoscopy Block Analysis Committee (2017- 2021)
* Bariatric Surgery Quality Improvement Committee, Chair (2016-Present)
* Physician Professionalism Council (2016-Present)
* General Surgery Residency Clinical Competency Committee (CCC) (2016-Present)
* Medical Group Patient Access and Experience Committee (2020-Present)

### Delaware Chapter of the American College of Surgeons (ACS)

* President (2021 – Current)
* Member since 2015

### Foundation for Surgical Fellowships

* Secretary/Treasurer (2021-Present)
* Member on the Board of Directors (2018-Present)
* Fellowship Council Liaison

### Society of American Gastrointestinal and Endoscopic Surgeons (SAGES)

* Board of Governors (2019-Present)
* Community Practice Committee, Chair (2017-Present)
* Membership Committee, Member (2015-Present)
* Diversity, Leadership and Professional Development (DLPD) Committee, Member (2018-Present)

### Women’s Leadership in Surgery Society

* Co-founder of the Society in 2020
* Secretary/Treasurer (2020-Present)

### Ad Hoc Reviewer

* Surgical Endoscopy
* Surgery for Obesity and Related Diseases (SOARD)
* Annals of Surgery

# Licensure and Certifications

Fellow of the American College of Surgery (FACS), October 22, 2017

Fellow of the American Society for Metabolic and Bariatric Surgery (FASMBS), since 2017

American Board of Surgery (ABS) General Surgery Certification, expires December 2026

Licensed Physician in Pennsylvania, since 2016 – Inactive currently

Licensed Physician in Delaware, since 2015

Licensed Physician in New York State, since 2014 – Inactive currently

Licensed Physician in Maryland (HOO87551), since 2019

Licensed Physician in California (20A17555), since 2019 – Inactive currently

Licensed Physician in Kansas (05-42662), since 2019

Licensed Physician in Missouri (2020017625), since 2020

American Society for Bariatric and Metabolic Surgery (ASMBS) Fellowship Certificate, awarded October 2015

Society of American Gastrointestinal and Endoscopic Surgeons (SAGES) Certification of Fellowship Training in Advanced GI/MIS, awarded March 2016

Fundamentals of Laparoscopic Surgery (FLS), 2013

Fundamentals of Endoscopic Surgery (FES), 2015

Fundamental Usage of Surgical Energy (FUSE), 2015

Courses

The Health Management Academy, Physicians Leadership Program, June-November 2018

American College of Surgeons’ Leadership and Advocacy Summit, Washington DC, May 19-22, 2018

SAGES Leadership Development and Health Care Policy Program for Surgeons, Boston, Massachusetts, November 18, 2017

Torax Medical, Linx Training, Austin, Texas, December 17-18, 2015

ReShape Medical Training, Irving, Texas, December 4-5, 2015

EnteroMedics vBloc Surgeon Training Course, Stony Brook, New York, June 10, 2015

SAGES Flexible Endoscopy Course, CAMLS, Tampa, Florida, 2014

Ethicon Fellows in Minimally Invasive Bariatric Surgery Program, Endo-Surgery Institute, Cincinnati, Ohio, October 2014

Peer-Reviewed Publications

Caitlin Halbert, Richard Kriebel, Robert Cuzzolino, Patrick Coughlin and Kerin Fresa-Dillon. *Self-assessed learning style correlates to use of supplemental learning materials in an online course management system.* Medical Teacher, 2011, 33 (4); 331-333.

Caitlin A. Halbert, DO MS, Mark D. Cipolle, MD, PhD, Gerard J. Fulda, MD, FACS, FCCM, Glen H. Tinkoff, MD, Joan M. Pirrung, RN, MSN, ACNS-BS, Michael Kalina, DO. *Admission to an Observational Unit Improves Length of Stay for Patients with Mild Traumatic Brain Injuries.* The American Surgeon, 2015 Feb; 81(2):176-9.

Maria S. Altieri MD, Heather Levites MD, Dana A. Telem MD, Caitlin Halbert DO, MS, Richard Scriven MD, Deborah Thornton, Aurora D. Pryor MD. *Effect of Minimally Invasive Surgery Fellowship on Residents' Case Log.* Gastroenterology, 2015 March; 148 (4): S-1124.

Maria S. Altieri MD, Jie Yang PhD, Dana A. Telem MD, Jiawen Zhu, Caitlin Halbert DO, MS, Mark Talamini MD, Aurora D. Pryor MD. *Robotic approaches may offer benefit in colorectal procedures, more controversial in other areas: a review of 168,248 cases.* Surgical Endoscopy, 2015 July 3; 30 (3): 925-933.

Maria S. Altieri MD, MS, Dana A Telem MD, Jie Yang PhD, Ziqi Meng, Catherine Frenkel MD, Caitlin Halbert DOMS, Mark Talamini MD, Aurora Pryor MD. *Lap Band Outcomes from 19, 221 Patients Across Centers and Over a Decade within the State of New York.* Surgical Endoscopy, 2015 July 23; 30 (5): 1725-1732.

Caitlin Halbert, DO MS, Spyridon Pagkratis; Jie Yang; Ziqi Meng; Maria Altieri; Mark Talamini; Aurora Pryor; Purvi Parikh; Dana Telem. *Beyond the Learning Curve: Incidence of Bile Duct Injuries Following Laparoscopic Cholecystectomy Normalize to Open in the Modern Era.* Surgical Endoscopy, 2015 September 3; 30 (6): 2239-2243.

Caitlin Halbert DO MS; Maria S. Altieri MD MS; Jie Yang PhD; Ziqi Meng MS; Hao Chen PhD; Mark Talamini MD; Aurora Pryor MD; Purvi Parikh MD; Dana A. Telem MD. *Long-term outcomes of patients with common bile duct injury following laparoscopic cholecystectomy*. Surgical Endoscopy, 2016 January 31; 30 (10): 4294-4299.

#### Maria S. Altieri MD MS, Catherine Frenkel MD, Caitlin Halbert DO MS, Richard Scriven MD, Deborah Thornton, Mark Talamini MD, Dana A. Telem MD, Aurora D. Pryor MD. Effect of Minimally Invasive Surgery Fellowship on Residents' Operative Experience. Surgical Endoscopy, 2017 April 29; 31:107-110.

#### Kathy Gallagher DNP ARPN, Michael Farrell MD, Glen Tinkoff MD, Luis Cardenas, DO; Caitlin Halbert DO MS. Web-based Support for Acute Surgical Wound Care. The American Surgeon, 2 Feb 2018; 84: 50-e52 (3).

Michael Farrell, MD, MBS; Audrey Spencer, MD; Zugui Zhang, PhD, Bayo Gbadebo, MBA, Caitlin Halbert, DO, MS. *Relationship of Hemorrhagic Complications with Perioperative Blood Pressure in Bariatric Surgery*. The American Surgeon, May 2019; 85: 561-562.

Elizabeth McCarthy, MD; Robert Felte, MD; DaKota Urban, MD; Zugui Zhang, PhD, Caitlin Halbert, DO, MS. *Community Hospital Decreases Narcotic Usage in Postoperative Bariatric Patients.* SOARD, Nov 2020; 16 (11): 1810-1815.

Alexander B. Gidaya, MD and Caitlin Halbert, DO. *Colonic Obstruction and Perforation due to Gallstone Ileus: A Case Study and Literature Review.* ACS Case Reviews in Surgery, accepted for publication Nov 2020.

Non-Peer-Reviewed Publications

Hubbard, Matthew and Caitlin Halbert. *From Residency to Fellowship: Two Fellows’ Journeys*. Bariatric Times, December 2014;11(12): 24–25.

Hubbard, Matthew and Caitlin Halbert. *Interesting Cases Encountered During Fellowship.* Bariatric Times, March 2014;12(3): 18-19.

Hubbard, Matthew and Caitlin Halbert. *What I Know Now that I Didn’t Know Then: Advice for Future Fellows.* Bariatric Times, June 2015;12(3): 18-19.

Tsuda, Shawn and the SAGES COVID-19 Rapid Response Team (co-author). *SAGES Telehealth Primer in Response to the COVID-19 Pandemic.* Online SAGES publication. https://www.sages.org/telehealth-primer-covid-19-pandemic. March 22, 2020.

Book Chapters

Altieri MS, Halbert C, Pryor AD. How and Why to Work with an Industry Partner, In: The SAGES Manual Ethics of Surgical Innovation, Springer, 81-87 December 2015.

Halbert C, Tascone A. Esophageal Motility Disorders, Management of Achalasia, Barrett’s Esophagus, Gastro-esophageal Reflux Disease, In: Clinical Algorithms in General Surgery. Springer, February 2019.

Halbert, C, McCarthy, EG. Bariatric Endoscopic Procedures: Evacuation Therapy, In: The SAGES Manual of Flexible Endoscopy. Springer, November 2019.

Halbert, C and James Jarvis. Conventional versus SADI Bariatric Surgery, In: Metabolic and Bariatric Surgery Board Review Book. McGraw-Hill. Submitted to editors’ review in 2020, awaiting publication.

Selected Abstracts

##### Caitlin Halbert, Maria Altieri, Jie Yang, Ziqi Meng, Aurora Pryor, Mark Talamini, Purvi Parikh, Dana Telem. Long-term follow-up (4-9 years) of 125 patients demonstrates common bile duct injury is associated with significant mortality. Gastroenterology 05/2015; 148 (4): S-1124.

##### Maria Altieri, Dana Telem, Heather Levites, Caitlin Halbert, Deborah Thornton, Richard Scriven, Aurora Pryor. Effect of Minimally Invasive Surgery Fellowship on Residents’ Case Log. Gastroenterology 05/2015; 148 (4): S-1124.

##### Shikora, Scott, Collin Braithwait, Frank Chae, John Dietrick, Guillermo Gomez, Caitlin Halbert, Isaias Irgau, Sachin Kukreja, Peter LePort, John Morton, Pavlos Papasavas, Charles Procter, Sajani Shah, Mark Takata. *Short-term Results for Intermittent Vagal Nerve Blocking (vBloc) in the “Real World,” Nonresearch Environment*. Surgery for Obesity and Related Diseases, September 2017; 13 (10): S195.

# Selected Oral Presentations

Long-term follow-up (4-9 years) of 125 patients demonstrates common bile duct injury is associated with significant mortality. **Caitlin Halbert DO**, Jie Yang, Ziqi Meng, Maria Altieri, Purvi Parikh, Aurora Pryor, Mark Talamini, Dana Telem. SSAT/Digestive Disease Week, May 17, 2015. Washington, DC. Oral Presentation.

Effect of Minimally Invasive Surgery Fellowship on Residents' Case Log. Maria Altieri, Heather Levites, Dana Telem, Richard Scriven, Deborah Thornton, **Caitlin Halbert**, Aurora Pryor. SSAT/Digestive Disease Week, May 17, 2015. Washington, DC. Oral Presentation.

Utility of Web-based Support for Acute Surgical Wound Care. Kathy E. Gallagher, **Caitlin Halbert**, Glen Tinkoff. European Wound Management Association, May 2015. London, England. Oral Presentation

Beyond the Learning Curve: Incidence of Bile Duct Injuries Following Laparoscopic Cholecystectomy Normalize to Open in the Modern Era. **Caitlin Halbert DO**, Spyridon Pagkratis, Jie Yang, Ziqi Meng, Maria Altieri, Purvi Parikh, Aurora Pryor, Mark Talamini, Dana Telem. Society of American Gastrointestinal and Endoscopic Surgery (SAGES) Annual Meeting, April 15-18, 2015. Nashville, Tennessee. Oral Presentation.

Small Bowel Obstruction after Bilateral TAPP Inguinal Hernia Repair. **Caitlin Halbert DO,** Aurora Pryor, MD. Society of American Gastrointestinal and Endoscopic Surgery (SAGES) Annual Meeting, April 15-18, 2015. Nashville, Tennessee. Video Oral Presentation.

Opportunities in Excellence in Acute Surgical Patient Management. **Caitlin Halbert, DO MS** and Kathy Gallagher.AMSUS, The Society of Federal Health Professionals Annual Continuing Education Meeting, November 4-6, 2013. Seattle, Washington.

Opportunities in Excellence in Acute Surgical Patient Management. **Caitlin Halbert, DO MS** and Kathy Gallagher. American Professional Wound Care Association Conference, April 2013. Orlando, Florida.

Admission to an Observational Unit Improves Length of Stay for Patients with Mild Traumatic Brain Injury. **Caitlin A. Halbert, DO MS**, Mark D. Cipolle, MD, PhD, Gerard J. Fulda, MD, FACS, FCCM, Glen H. Tinkoff, MD, Joan M. Pirrung, RN, MSN, ACNS-BS, Michael Kalina, DO. American College of Surgeons Committee on Trauma, Delaware State Paper Competition, November 7, 2012. Newark, Delaware. Oral Presentation. Awarded first place, Competed in Regional Competition.

# Selected Poster Presentations

### Destination Surgery, Navigating the Pre and Postoperative Course from Afar. Susan Volk; Tyralyn Wallace; Krista Purner; Judy Townsley; Mary Pickering; Caitlin Halbert; Nancy Homan; Stephanie Hall; Lauren Douglas. American Society of PeriAnesthesia Nurses 39th Annual Conference, April 2020. Denver, Colorado.

Relationship of Hemorrhagic Complications with Perioperative Blood Pressure in Bariatric Surgery. Michael Farrell, MD, MBS; Audrey Spencer, MD; **Caitlin Halbert, DO, MS**. SAGES Annual Meeting, April 2018. Seattle, Washington.

Short-term Results for Intermittent Vagal Nerve Blocking (vBloc) in the “Real-World,” Non-research Environment.  Scott Shikora, MD; Collin E. Brathwaite, MD; Frank H. Chae, MD, FACS; John Dietrick, MD; Guillermo Gomez, MD; **Caitlin A. Halbert, DO MS**; Isaias Irgau, MD. ASMBS 34th Annual Meeting at Obesity Week, October 2017. Washington, DC.

Utility of Web-based Support for Acute Surgical Wound Care. Kathy E. Gallagher DNP, APRN-FNP, FACCWS; Michael S. Farrell MD; **Caitlin Halbert DO**; Glen Tinkoff MD. World Union of Wound Healing Societies Congress, September 25, 2016. Florence, Italy.

Utility of Web-based Support for Acute Surgical Wound Care. Kathy E. Gallagher DNP, APRN-FNP, FACCWS; Michael S. Farrell MD; **Caitlin Halbert DO**; Glen Tinkoff MD. 29th Annual Symposium on Advanced Wound Care Spring/Wound Healing Society, April 13-17, 2016. Atlanta, Georgia.

Utility of Web-based Support for Acute Surgical Wound Care. Kathy E. Gallagher, **Caitlin Halbert**, Glen Tinkoff. American College of Wound Healing and Tissue Repair, December 2015.

Beyond the Learning Curve: Incidence of Bile Duct Injuries Following Laparoscopic Cholecystectomy Normalize to Open in the Modern Era. **Caitlin Halbert DO**, Spyridon Pagkratis, Jie Yang, Ziqi Meng, Maria Altieri, Purvi Parikh, Aurora Pryor, Mark Talamini, Dana Telem. Stony Brook University Department of Surgery Research Day. June 4, 2015. Semi-finalist in the Outstanding Poster Competition.

Identification and Management of Bladder Injury during Extraperitoneal Inguinal Hernia Repair. Spyridon Pagkratis, Dana Telem, **Caitlin Halbert**, Mark Talamini, Aurora Pryor.American College of Surgeons (ACS) Annual Meeting**,** October 2014. San Francisco, California. Video Presentation.

Communication Skills Training through the Use of Virtual Simulation for General Surgery Residency. **Caitlin Halbert, DO MS**; Kathryn Fulda; Susan Coffey-Zern MD; Gerald Fulda, MD. Society of American Gastrointestinal and Endoscopic Surgery (SAGES) Annual Meeting, April 2-5, 2014. Salt Lake City, Utah.

Resident-Led Deliberate Practice Utilizing Simulation.**Caitlin Halbert, DO MS**; Frederick Giberson, MD; Susan Coffey-Zern MD. Society of American Gastrointestinal and Endoscopic Surgery (SAGES) Annual Meeting, April 2-5, 2014. Salt Lake City, Utah.

An Analysis of the Use of Web-based Materials by Medical Students and its Relationship to Learning Style. **Caitlin Halbert,** Richard Kriebel, Robert Cuzzolino, Patrick Coughlin and Kerin Fresa-Dillon. American Association of Colleges of Osteopathic Medicine, April 2009. Bethesda, Maryland. Poster Presentation.

An Analysis of the Use of Web-based Materials by Medical Students and its Relationship to Learning Style. **Caitlin Halbert,** Richard Kriebel, Robert Cuzzolino, Patrick Coughlin and Kerin Fresa-Dillon American Osteopathic Association Annual Research Convention, October 2008. Las Vegas, Nevada. Poster Presentation. Awarded first place in the Medical Education and Health Policy category.

# Grants

**Ethicon Educational Grant**

* “Stony Brook FLS Training Center” (PI, 100%)
* September 2015-September 2016
* Total Direct Costs: $52, 581.67

**CCHS Professional Physicians Council Grant**

* “Improvement of Surgical Outcomes in Obese Patient with Utilization of Very Low Calorie Diet (VLCD)” (PI, 100%)
	+ Randomized-controlled study. Participant accrual complete.
* Awarded October 2018
* Total Direct Costs: $55,600

# Invited Lectures

### Women’s Leadership in Surgery Conference

Virtual; September 26, 2021

* Invited Speaker, *Tools to Maintain Personal Health*

### Society of American Gastrointestinal and Endoscopic Surgeons (SAGES) 2021 Annual Meeting

Las Vegas, Nevada; August 2021

* Invited Lecturer, *Devil’s in the Details: Running a Practice: Building a Program*
* Invited Lecturer, *Lessons Learned from the Pandemic: Telehealth*
* Session Co-Chair, *Great Debate: Biliary – Controversies in Cholecystectomy*

### American Society for Metabolic and Bariatric Surgery (ASMBS) 2021 Annual Meeting

Virtual Meeting, June 12, 2021

* Session Co-Chair, *Bariatric Video Session 2*

### Society of American Gastrointestinal and Endoscopic Surgeons (SAGES) 2020 Annual Meeting

Virtual Meeting; September 2020

* Invited Lecturer, *Accelerant: The Pathway to “Unwellness,” Tinder to the Private Practice Physician’s Burnout*
* Invited Lecturer, *Devil’s in the Details: Roux en Y Gastric Bypass Optimal Intestinal Limb Length*
* Invited Lecturer, *What is the SAGES Certificate and How Do I Get One?*

### SAGES Webinar: The Surgical Guidelines During COVID-19

April 8, 2020, https://www.sages.org/video/surgical-guidelines-during-covid-19/

* Invited Lecturer, *Telehealth*

### Medtronic, A Women’s Physician Dinner Program

Baltimore, Maryland; October 17, 2019

* Invited Lecturer, *Personal Branding: Self Packaging for Success*

### Women’s Leadership in Surgery Conference

New York, New York; October 4, 2019

* Invited Speaker, *Community Practice and Leadership Opportunities*

### Christiana Care 3rd Annual GI Symposium

Newark, Delaware; September 21 2019

* Invited Lecturer, *Medical Benefits of Bariatric Surgery: NASH, Diabetes and more*

### The Society for Surgery of the Alimentary Tract (SSAT) Resident’s Corner Webinar

September 17, 2019

* Invited Lecturer, *What to Do If You Fail the Boards*

### Society of American Gastrointestinal and Endoscopic Surgeons (SAGES) 2019 Annual Meeting

Baltimore, Maryland; April 4, 2019

* Invited Lecturer, *Alternative to Fundoplication for GERD, Surgical Option: Bypass*

### The Society for Surgery of the Alimentary Tract (SSAT) Resident’s Corner Webinar

September 26, 2018

* Invited Lecturer, *What to Do If You Fail the Boards*

### Society of American Gastrointestinal and Endoscopic Surgeons (SAGES) 2018 Annual Meeting

Seattle, Washington; April 11, 2018

* Invited Lecturer, *Preoperative planning and strategies for elective versus emergent paraesophageal hernia repair*

### American College of Physicians (ACP) 2018 Delaware Chapter Meeting

February 10, 2018

* Invited Lecturer, *Post-Bariatric Surgery Care*

### The Society for Surgery of the Alimentary Tract (SSAT) Resident’s Corner Webinar

November 2, 2017

* Invited Lecturer, *What to Do If You Fail the Boards*

### American Society for Metabolic and Bariatric Surgery (ASMBS) 2017 Obesity Week

October 31, 2017

* Invited Lecturer, *New Technology: How to Get Paid*

### American College of Surgery (ACS) 2017 Clinical Congress

October 24, 2017

* Invited Lecturer, *Management of Obstruction and Internal Hernia*

**Delaware States Osteopathic Medical Society (DSOMS) Spring 2016 Conference**

Christiana, Delaware; May 16, 2017

### *Metabolic and Bariatric Surgery: An Update on Current Practices and Emerging Technologies*

### Digestive Disease Week, Kelly and Carlos Pelligrini SSAT and SAGES Luncheon Symposium: Endoscopic Treatment of Obesity

Chicago, Illinois; May 9, 2017

* Invited Lecturer, *Integrating New (Self-Pay) Procedures into Your Practice*

### Society of American Gastrointestinal and Endoscopic Surgeons (SAGES) Resident Education Webinar

April 11, 2017

* Invited Lecturer, *Bariatric Devices: Intragastric Balloons*

### Society of American Gastrointestinal and Endoscopic Surgeons (SAGES) 2017 Annual Meeting

Houston, Texas; March 23, 2017

* Invited Expert Panel Member, *Video Face-Off: Lap Band to Gastric Bypass*

### Christiana Care Perioperative Perspectives, Sponsored by the Professional Nurse Council

Newark, Delaware; February 25, 2017

* *Surgical Treatment of Gastroesophageal Reflux Disease*

### Delaware State Osteopathic Medical Society

Newark, Delaware; February 22, 2017

### *Metabolic and Bariatric Surgery: An Update on Current Practices and Emerging Technologies*

### Medicine Grand Rounds Presentation at Christiana Care Health System

### Newark, Delaware; November 17, 2016

### *Metabolic and Bariatric Surgery: An Update on Current Practices and Emerging Technologies*

### Christiana Care Health System Bariatric Summit 2016: Cradle to Cure

Newark, Delaware; October 7, 2016

* Invited Lecturer: *New Technologies in Bariatrics*

**Women’s Leadership in Surgery Conference**

New York, New York; September 30 - October 1, 2016

* Invited Lecturer: *How to Advertise*

**Surgical Grand Rounds Presentation at Christiana Care Health System**

Newark, Delaware

* *Out with the Old, In with the New? Laparoscopic Approach to the Treatment of Acute Diverticulitis* (November 7, 2011)
* *Acute Surgical Wound Service at Christiana Care Health System* (April 9, 2014)
* *The Surgical Treatment of Gastroesophageal Reflux Disease* (January 6, 2016)

**Association of PeriOperative Registered Nurses (AORN) Delaware Chapter Meeting**

Newark, Delaware; September 12, 2016

* *Surgical Approach to Gastroesophageal Reflux Disease*

### Medicine Grand Rounds Presentation at Christiana Care Health System

### Newark, Delaware; August 25, 2016

* *A Modern Approach to the Treatment of Gastroesophageal Reflux Disease*

**Delaware States Osteopathic Medical Society (DSOMS) Spring 2016 Conference**

Christiana, Delaware

* *Surgical Approach to Gastroesophageal Reflux Disease*

### Society of American Gastrointestinal and Endoscopic Surgeons (SAGES) 2016 Annual Meeting

Boston, Massachusetts; March 19, 2016

* Invited Lecturer, *The Mesh/Tissue Interface and It’s Implication in Hernia Repair*

### Christiana Care Medical-Dental Staff Multispecialty Winter Meeting

Newark, Delaware; February 6, 2016

* *A Less Invasive Surgical Procedure for the Treatment of Gastroesophageal Reflux Disease*

**Family Medicine Monthly Lecture Series**

Christiana, Delaware; June 2, 2016

* *Surgical Approach to Gastroesophageal Reflux Disease*

**New York American Society of Bariatric and Metabolic Surgery (NY ASMBS)**

New York, New York; May 8, 2015

* Faculty Member
* Presentation, *Approach to the Patient with Weight Regain after Roux-en-Y Gastric Bypass*

**Surgical Grand Rounds Presentation at Stony Brook University**

Stony Brook, New York, April 29, 2015

* *Fundamental Usage of Surgical Energy, SAGES Task Force*

**Medicine/Pediatrics Monthly Lecture Series**

Christiana, Delaware; March 26, 2014

* *Surgery Versus Medicine: Cases That Blur the Lines*

**Christiana Care Health System General Surgery Residency Community Outreach**

* Middletown High School, Guest Lecturer (2011-2013)
	+ “Life as a General Surgery Resident,” Lead resident member teaching a lecture every semester on the health profession and surgical disease/trauma

# Past Leadership Activities

### Women’s Leadership in Surgery Conference

* Course Co-Director, September 25-26, 2021 virtual
* Course Co-Director, September 26-27, 2020 virtual
* Course Co-Director, October 4, 2019 in New York, New York
* Course Co-Director, August 3-4, 2018 in Philadelphia, Pennsylvania

### Christiana Care Health System Bariatric Summit 2016: Cradle to Cure

* Planning Committee Member

### American Society for Metabolic and Bariatric Surgery (ASMBS)

* ASMBS Quality Improvement and Patient Safety (QIPS) Committee, Member (2016-2019)

### Society of American Gastrointestinal and Endoscopic Surgeons (SAGES)

* SAGES Facebook Taskforce, Member (2017-2019)
* 2018 SAGES Annual Meeting Faculty Member, Endoscopic Bariatric Hands-on Course Co-Chair
* 2015 SAGES Annual Meeting Faculty Member, Instructor for the FLS Learning Center
* 2014 SAGES Research and Career Development Committee, Grant Reviewer

### Allentown Bariatric Course for Fellows: Technique, Management of Complications and Revisions

### St. Luke’s Hospital, Allentown, Pennsylvania, Sponsored by Gore; September 23, 2018

* Faculty Member, Speaker topic: *I’m Almost Done with Fellowship…Now What?*

### Allentown Bariatric Course for Fellows: Technique, Management of Complications and Revisions

### St. Luke’s Hospital, Allentown, Pennsylvania, Sponsored by Gore; September 10, 2017

* Faculty Member, Speaker topic: *I’m Almost Done with Fellowship…Now What?*

### Allentown Bariatric Course for Fellows: Technique, Management of Complications and Revisions

### St. Luke’s Hospital, Allentown, Pennsylvania, Sponsored by Gore; August 21, 2016

* Faculty Member, Speaker topic: *I’m Almost Done with Fellowship…Now What?*

### Resident Hernia Management Symposium

Stony Brook University Hospital Surgery Department, Stony Brook, New York, Sponsored by Gore; August 8-9, 2014 and May 1-2, 2015

* Faculty Member

### Christiana Care Health System

* Resident Information Technology Committee, Co-Founder and Member (2013-2014)
* Emerging Physician Leadership Program (September 9-20, 2013)
	+ A two-week intensive, interdisciplinary set of focused workshops to develop skills and tools to be an effective and efficient physician leader in health care.
* Minimally Invasive Surgery Center of Excellence at Christiana Care Health System, Advisory Group, 2013 Resident Member
* Electronic Health Records Brief Operative Note Committee, 2013 Resident Sponsor
* Better Practices for Better Care Initiative at Christiana Care Health System (2012)
	+ A quality and safety improvement team; a joint initiative with the AAMC and University Health System Consortium.

### Philadelphia College of Osteopathic Medicine

* Sigma Sigma Phi, Honor Society Member (2006-2009) and Community Service Chair (2006-2007)

**Albright College**

* Alpha Epsilon Delta, Premedical Honor Society: President (2002-2004)
* Student Government Association: Member-at-Large (2003-2004)

# Awards and Honors

**Christiana Care Health System**

* 2014 Annual Resident Teaching Award Recipient, presented by the Jefferson University Medical School/Delaware Campus Students
* 2014 CCHS Residency Academic Jaw Bowl Abstract Competition, Department Winner, “Communication Skills Training through the Use of Virtual Simulation for General Surgery Residency”
* 2013 Annual Resident Teaching Award Recipient, presented by the Jefferson University Medical School/Delaware Campus Students
* 2013 CCHS Residency Academic Jaw Bowl Abstract Competition, Department Winner, “Admission To An Observation Unit Improves Length of Stay for Patients With Mild Traumatic Brain Injuries”
* Stellar Award, presented by the Professional Nurse Council (June 2013)
* Resident of the Month, presented by the Christiana Care Residency Council (May 2013)
* 2012 Trauma Resident of the Year

**Albright College**

* Albright College Golden “A” Award
* Albright College Jacob Albright Scholar
* Dean’s List, all 8 semesters
* Honor Roll, all 8 semesters

# Professional Affiliations

National Societies:

### Society of American Gastrointestinal and Endoscopic Surgeons (SAGES)

* Member since 2012
* SAGES Community Practice Taskforce, Chair (2017-Present)
* SAGES Membership Committee, Member (2015-Present)
* SAGES Leadership and Professional Development Committee, Member (2018-Present)
* SAGES Facebook Taskforce, Member (2018-2019)
* Board of Directors (2019-Present)

Society for Surgery of the Alimentary Tract (SSAT), since 2014

American Society for Metabolic and Bariatric Surgery (ASMBS), since 2014

* ASMBS Quality Improvement and Patient Safety Committee (2016-2019)

American College of Surgeons (ACS), since 2008

American Osteopathic Association (AOA), since 2008

Association of Women Surgeons (AWS), since 2018

Local Societies:

### Delaware Chapter of the American College of Surgeons (ACS)

* Member since 2015
* President-elect 2019-2021
* Present 2021-Present

Delaware Chapter of the American Society for Metabolic and Bariatric Surgery (ASMBS),

* Member since 2015

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